

# Useful contacts

## Local

### AGE UK (AGE CONCERN) BRADFORD AND DISTRICT

An independent local charity serving the areas of Bradford, Bingley, Ilkley, Keighley and Shipley.

19 Sunbridge Road, Bradford BD1 2AY

**Tel:** 01274 395144

**Email:** [info@ageconcernbradford.org.uk](mailto:info@ageconcernbradford.org.uk)

### AGE UK

Age UK is the new force combining Age Concern and Help the Aged. We provide advice and information for people in later life through our Age UK Advice line, publications and online.

**Age UK Advice: 0800 169 65 65**

**[www.ageuk.org.uk](http://www.ageuk.org.uk)**

*Call Age UK Advice to find out whether there is a local Age UK near you, and to order free copies of our information guides and factsheets.*

### ALZHEIMER'S SOCIETY

The Bradford branch can give you support and advice on all forms of dementia and sources of help in Bradford and the surrounding District.

Unit 16, Parkview Court, St Paul's Road, Shipley West Yorkshire BD18 3DZ

**Tel:** 01274 586008

### BRADFORD LOCAL INVOLVEMENT NETWORK (LINK)

Aims to help everyone to connect and make a difference to healthcare and social care in the Bradford district. It helps you to make your voice heard when decisions are made.

For more information, call the Bradford LINK team on 01535 665258 or **email:** [info@healthwatchbradford.co.uk](mailto:info@healthwatchbradford.co.uk).

### CITIZENS ADVICE BUREAU

Provides free information, advice and assistance on any subject to help resolve any difficulties people face in everyday life.

**[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)**

**[www.adviceguide.org.uk](http://www.adviceguide.org.uk)**

#### • Bradford

George Street, Bradford, West Yorkshire BD1 5AA

**Telephone:** 0844 245 1282

**Fax:** 01274 370177

#### • Keighley & District

Central Hall, Alice Street, Keighley, West Yorkshire BD21 3JD

**Telephone:** 0844 245 1282 **Fax:** 01535 612432

#### • Shipley

6 Windsor Road, Shipley BD18 3EQ

**Tel:** 0844 245 1282 **Fax:** 01274 400131

### CARE QUALITY COMMISSION (NORTH EASTERN REGION)

The Care Quality Commission inspect and report on care services to improve social care and stamp out bad practice. **[www.cqc.org.uk](http://www.cqc.org.uk)**

Citygate, Gallowgate NE1 4PA

**Tel:** 03000 616161

**Email:** [enquiries.northeastern@cqc.org.uk](mailto:enquiries.northeastern@cqc.org.uk)

### LEONARD CHESHIRE DISABILITY (NORTH EAST & YORKSHIRE)

Unit 7, Clifton Moor Business Village, James Nicholson Link, York YO30 4XG.

**Tel:** 01904 693422

**Email:** [info@ney.leonardcheshire.org.uk](mailto:info@ney.leonardcheshire.org.uk)

### LOCAL HOSPITALS

If you are under 65 you can ring the Bradford district-wide team on: **Tel:** 01274 438700.

If you are in hospital, there are Adult and Community Services departments in the following:

#### • Bradford Royal Infirmary

**Tel:** 01274 364292/3

#### • St. Luke's Hospital

**Tel:** 01274 365118

#### • Airedale General Hospital

**Tel:** 01535 293712

### PATIENT ADVICE AND LIAISON SERVICE (PALS)

**Tel:** 01274 408600

**E-mail:** [pals@bradford.nhs.uk](mailto:pals@bradford.nhs.uk)

### NHS Contacts

[Airedale Hospital NHS Foundation Trust](#)

**Tel:** 01535 652511

[NHS Bradford and Airedale](#)

**Tel:** 01274 237555

[Bradford District Care Trust](#)

**Tel:** 01274 228300

[Bradford Royal Infirmary](#)

**Tel:** 01274 542200

[Yorkshire Ambulance NHS Trust](#)

**Tel:** 0845 124 1241

[NHS Bradford and Airedale](#)

Douglas Mill, Bowling Old Lane, Bradford BD5 7JR.

**Tel:** 0845 111 5000

# National

## ACTION ON ELDER ABUSE (AEA)

Works to protect, and prevent the abuse of, vulnerable older adults.

**Helpline:** 0808 808 8141

**www.elderabuse.org.uk**

## AGE UK (the new, combined, Age Concern and Help the Aged)

National helpline: 0800 169 8787

**www.ageuk.org.uk**

## ALZHEIMER'S SOCIETY NATIONAL DEMENTIA HELPLINE

England and Wales: 0300 222 1122

Open 8.30am-6.30pm

## ASSOCIATION OF CHARITABLE ORGANISATIONS

A national umbrella body for benevolent charities.

**www.aco.uk.net**

## BRITISH INSTITUTE OF LEARNING DIFFICULTIES (BILD)

Committed to improving the quality of life for people with a learning disability.

**Tel:** 0121 415 6960

**www.bild.org.uk**

## CARERS UK

The voice of carers.

**Tel:** 0808 808 7777

**www.carersuk.org**

## COUNSEL AND CARE

Advice and help for older people.

**Tel:** 0845 300 7585

**www.counselandcare.org.uk**

## COUNSEL AND CARE

Charity providing guides and factsheets for older people on a wide range of topics, including finding a care home.

**Tel:** 0845 262 1863

**Email:** advice@counselandcare.org.uk

**www.counselandcare.org.uk**

## ELDERLY ACCOMMODATION COUNSEL

Help older people make informed choices about meeting their housing and care needs.

**Free advice line:** 0800 377 7070

**www.housingcare.org**

## FIRSTSTOP ADVICE

Advice and information on all aspects of care, accommodation, housing, finance and rights for older people.

**Care Advice Line:** 0800 377 7070

**www.firststopadvice.org.uk**

## FRIENDS OF THE ELDERLY

A charity that supports older people who have a range of practical needs.

**Tel:** 0207 730 8263

**www.fote.org.uk**

## INDEPENDENTAGE

Pledges to tackle social isolation by getting older people online and supporting them in their homes.

**Tel:** 0207 605 4200

**www.independentage.org.uk**

## NATIONAL ASSOCIATION FOR PROVIDERS

## OF ACTIVITIES FOR OLDER PEOPLE (NAPA)

Promotes the importance of activities for older people.

**Tel:** 0207 078 9375

**www.napa-activities.co.uk**

## PENSION SERVICE, THE

Provides information about pensions and other pensioner benefits.

**Benefit enquiry line:** 0800 88 22 00

**www.gov.uk/dwp**

## REGISTERED NURSING HOME ASSOCIATION (RNHA)

Campaigns for high standards in nursing home care.

**Tel:** 0121 451 1088

**www.rnha.co.uk**

## UNITED KINGDOM HOME CARE ASSOCIATION (UKHCA)

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

**Helpline:** 0208 288 5291

**www.ukhca.co.uk**